

The Chenrezig Project happily presents in Central Florida . . .



The Venerable Amy Miller

“The Joy of Dharma”

Cultivating Wisdom, Compassion and Happiness in Your Life

A practical Tibetan Buddhist workshop conducted by Venerable Amy, including teaching and meditation (for beginners).

**** Saturday, June 16, 2007; 10:00am to 4:45pm ****

The Cultural Arts Center, Venetian Gardens, Leesburg (downtown)

-- 50 minutes NW of Orlando in beautiful Lake County --

Ven. Amy came to Tibetan Buddhism in 1987 and has spent a great deal of time conducting teaching and meditation retreats in India, Nepal and the United States for the past 15 years. She was ordained as a Buddhist nun in June 2000. She has traveled extensively throughout the world and has had the good fortune to visit Tibet multiple times as a pilgrimage leader for the Institute of Noetic Sciences.

A friend of the Chenrezig Project, she will be visiting as part of a national teaching tour. We are extremely fortunate; her effective teaching style emphasizes a practical approach to integrating Buddhist philosophy into everyday life. She is happy to help people connect with meditation and mindfulness to gain a refreshing perspective on normally stressful living.

\$18, includes tea breaks, light (vegetarian) lunch. Space is limited.

Suitable for all ages (high school and above); student discounts.

Chair seating provided, for comfort please feel free to bring your own pillow, zafu, tea cup, etc.

For directions/information: please see our website: www.ChenrezigProject.org
or contact Mark at mwinwood@ChenrezigProject.org (e-mail preferred) or 352.324.3419

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